

Cycle Guide

Discover.

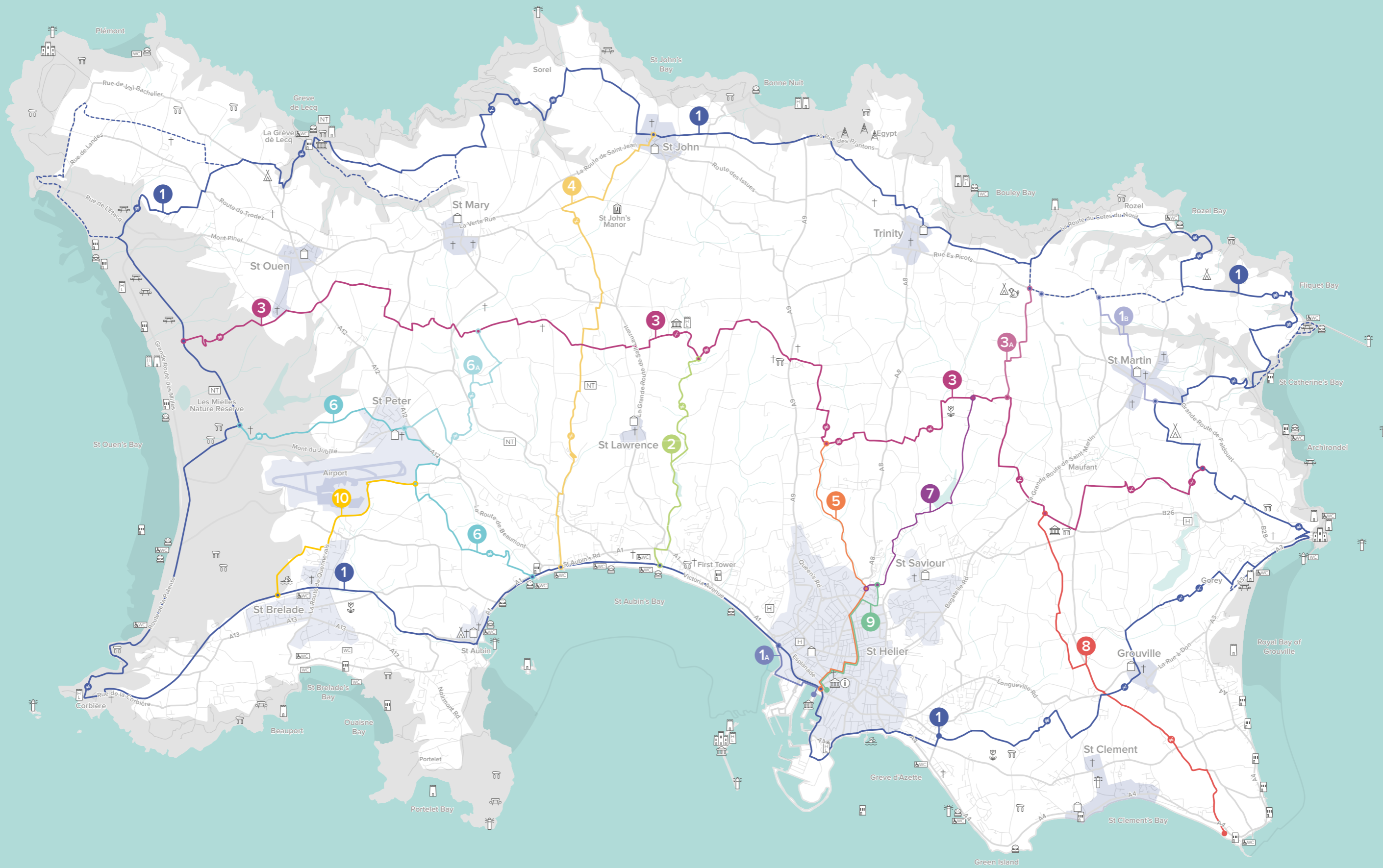
The island break.



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ROUTE	DESCRIPTIONS	LENGTH	APPROXIMATE TIME	THINGS TO SEE AND DO	REFRESHMENT STOPS	TOILET STOPS	NO. OF HILLS	DIFFICULTY LEVEL
1	Around Island coastal route. Clockwise	40 miles 64 km	6.5 hours	Liberation Square, Les Jardain de la Mer, Elizabeth Castle, St Aubin's Harbour, Corbière Lighthouse, Les Mielles Nature Reserve, Grève de Lecq Barracks, La Mare Wine Estate, St John's Church, Rozel Harbour, St Catherine's Breakwater. Mont Orgueil Castle and Gorey Village	Old Station Cafe, pubs/cafes at St Aubin's, Le Braye Cafe, pubs/cafes at Grève de Lecq, La Mare Wine Estate, pubs/shops near St John's Church, pubs/cafes at Rozel Harbour, St Catherine's Breakwater and pubs/cafes/shops at Gorey Harbour	St Aubin's Harbour, Corbière, Le Braye, Grève de Lecq, Rozel Bay and Gorey Harbour	7	Difficult
1A	The top of Albert Pier to La Fregate Cafe via Les Jardins de la Mer	0.5 miles 0.8 km	7 minutes	The Jubilee Needle, The Marina, The Freedom Tree, Swimmers 2	Cooper's Cafe, Tiffin, The Radisson Blu Hotel, La Fregate Cafe	None	0	Easy
1B	Durrell Wildlife Park to St Martin	2 miles 3.5 km	15 minutes	Durrell Wildlife Park, St Martin's Arsenal and St Martin's Church	Durrell Wildlife Park and pub/shop near St Martin's Church	Durrell Wildlife Park and pub near St Martin's Church	0	Easy
2	Waterworks Valley	2 miles 3.5 km	30 minutes	Millbrook Reservoir, St Lawrence Millennium Stone and Dannemarche Reservoir	Old Station Cafe and shops en route	Opposite Old Station Cafe	0	Medium
3	Gorey to St Ouen	14.5 miles 23 km	2.25 hours	Gorey Harbour, Mont Orgueil Castle, La Hougue Bie, Eric Young Orchid Foundation, Island Centre Stone, Hamptonne and St Ouen's Church	Pubs/shops at Gorey, La Hougue Bie and Oaklands Lodge	Gorey Harbour, La Hougue Bie and Oaklands Lodge	5	Difficult
3A	Victoria Village to Durrell Wildlife Park	1 mile 1.5 km	15 minutes	War Memorial and Durrell Wildlife Park	Durrell Wildlife Park	Durrell Wildlife Park	0	Easy
4	St Aubin's Bay to St John	5 miles 8 km	1.25 hours	Tesson Mill, The Jersey War Tunnels, Morel Farm, St John's Manor and St John's Church	The Jersey War Tunnels and pubs/shops near St John's Church	The Jersey War Tunnels and pub near St John's Church	1	Medium
5	Vallée des Vaux Trinity Hill to Liberation Square	2.8 miles 4.5 km	30 minutes	Springfield Stadium, The Central Market, The Royal Square, St Helier Parish Church, Liberation Square. Southbound one way from Vallée des Vaux	Shops, pubs and restaurants throughout the town	Throughout the town	0	Easy
6	St Ouen's Bay to St Aubin's Bay	4 miles 6.5 km	45 minutes	Val de la Mare Reservoir, German railway bridge and St Peter's Church	Pubs/shops near St Peter's Church	Pubs/shops near St Peter's Church	1	Medium
6A	St Peter's Village to Greenhills Hotel	2 miles 3.5 km	30 minutes	La Hague Manor, Gargate Mill, Inland German bunkers and Greenhills Hotel	Pubs/shops near St Peter's Church and Greenhills Hotel	Pubs near St Peter's Church and Greenhills Hotel	1	Difficult
7	Victoria Village to St Helier	2 miles 3.5 km	15 minutes	Eric Young Orchid Foundation and Grands Vaux Reservoir	Shops en route	None	0	Easy
8	La Hougue Bie to La Rocque	3.5 miles 5.5 km	30 minutes	La Hougue Bie, Grouville Millennium Cross, Croix de la Bataille, Grouville Mill and La Rocque Harbour	La Hougue Bie	La Hougue Bie and La Rocque Harbour	0	Easy
9	Liberation Square to the Caesarean Tennis Club	1.24 miles 2 km	15 minutes	Public Library, The Fish Market, Springfield Stadium. Northbound one way	Shops, pubs and restaurants throughout the town	Throughout the town	0	Easy
10	Railway walk to Jersey Rugby & Hockey Club	1.5 miles 2.5 km	15 minutes	Les Quennevais Sports Centre & swimming pool, Jersey Bowl and Rugby Club	Jersey Bowl and Rugby Club	Les Quennevais Sports Centre & swimming pool and Jersey Bowl	0	Easy



1 **Route 1** - 40 miles / 64 km
All Island Coastal Route
----- Alternate route

1A **Route 1A** - 0.5 miles / 0.8 km
Albert Pier to La Fregate Cafe
via Les Jardin de la Mer

1B **Route 1B** - 2 miles / 3.5 km
Durrell Wildlife Park Via St Martin
linking to Coastal Route

2 **Route 2** - 2 miles / 3.5 km
Waterworks Valley

3 **Route 3** - 14.5 miles / 23 km
Central Island route (East - West)

3A **Route 3A** - 1 mile / 1.5 km
Link route to Route 1 at
Victoria Village

4 **Route 4** - 5 miles / 8 km
St Aubin's Bay to St John

5 **Route 5** - 2.8 miles / 4.5 km
Vallee Des Vaux. Route 3 to
St Helier

6 **Route 6** - 4 miles / 6.5 km
St Ouen's Bay to St Aubin's Bay

6A **Route 6A** - 2 miles / 3.5 km
St Peter's Village to Greenhills
Hotel

7 **Route 7** - 2 miles / 3.5 km
Victoria Village to St Helier

8 **Route 8** - 3.5 miles / 5.5 km
La Hougue Bie to La Rocque

9 **Route 9** - 1.24 miles / 2 km
Liberation square to Route 7
(Northbound one way)

10 **Route 10** - 1.5 miles / 2.5 km
Les Quennevais Via Airport
linking to Jersey Bowl

● Start / End point Hill Gradients
● Route Link ↗ ≠ ≠

✝ Church	🏰 Lighthouse	🗼 Mast	🚻 Toilets	📍 Information Centre
🏰 Fort	🏕 Campsite	🌿 Gardens	♿ Disabled toilets	🌳 National Park
🏰 Tower	🏛 Prehistoric site	🦋 Wildlife park	🏥 Hospital	🏘 Town centre
🏰 Castle	🏖 Picnic area	🍷 Kiosk	🏛 Heritage Let	
🏰 Museum	🏊 Swimming	🇬🇺 National Trust	🏛 Parish Hall	Scale: 0.5 miles / 0.8 km