



Membership T & C's

Please read this document for instructions on how your membership works and details about inclusions and discounts.

Ages 16 + only.

To enter the gym, go to the Sports & Leisure Hub and speak to a member of staff at reception to obtain the gym code. This changes every day.

1. What's Included in my membership?

Full access to:

- The Gym
- All Wellness Studio classes - subject to availability.

Plus 15% off:

- Restaurant: valid for both food & drink. Must be ordered in our main restaurant.
- Bike Centre Servicing+

After signing up for your membership, you'll also receive:

- 1 x 60-min padel court (Mon–Fri, 08:00–16:00).
- 20% off your first padel retail purchase, followed by 15% thereafter. This purchase must be made on the same day as your membership sign-up. Please head to our Sports & Leisure Hub in person to make your discounted purchase.

2. How to redeem your discounts:

- Wellness Classes, Pro Barbers, Padel, Bike Centre - head to the checkout and log in to your account. The discount will then automatically be applied.
- Restaurant - Discount valid for in-person orders. Please head to our restaurant to order. Our team will apply the 15% discount to your bill.

3. Health & Safety:

- Upon purchasing your membership, you will be asked to read our gym rules and regulations and sign a waiver.

You must follow PARQ etiquette at all times when in our gym:

- You must adhere to gym rules. These are subject to change by Les Ormes.
- Always ensure the treadmill has stopped before moving to another machine.
- Wipe down all equipment after use.

- Please return all equipment to its rightful storage area after use.
- Please report any machinery or equipment faults to a member of staff
- Please do not bring bags/coats etc into the gym. Store all personal belongings in the lockers provided.
- Management have the right to refuse entry to the facility.
- Please maintain personal hygiene in the interests of other users.
- Gym wear, t-shirts and appropriate footwear (closed-toe) must be worn.
- Weights must not be dropped whilst exercising.
- Spotters are advised when using weights on bars, for example, for bench press or barbell squats.
- Les Ormes takes no responsibility for theft or loss of personal belongings.
- Proof of membership kept on person when in the gym.
- No speakerphone conversations when in the gym.
- Personal pictures must not include other gym users.
- No users under the age of 16.
- Members must sign in at reception before entering the gym.

4. Payments & Billing

Minimum Term & Cancellation

- Members may cancel their membership with 1 month's notice after the initial 3-month minimum term.
- A 1-month written notice period is required for all cancellations.
- Membership fees remain payable during the notice period.

Refunds & Closures

- The gym and wellness facilities may occasionally close for maintenance, improvements, or operational reasons.
- No refunds or partial refunds will be issued for closures.

Membership Freeze

- Monthly members may freeze their membership for up to 1 month per calendar year.
- A freeze fee of £15 applies per freeze period.
- Membership access is suspended during the freeze period.
- Annual memberships are fixed-term and cannot be frozen, except in cases of medical necessity. Any medical freeze is granted at the discretion of Les Ormes management.

Billing

- Monthly membership fees are collected via recurring payment.
- It is the member's responsibility to ensure payment details remain valid.
- Failed payments will result in suspended access. The outstanding amount will remain on the account until settled.

5. Changes to Terms

- The facility reserves the right to update these Terms & Conditions.
- Members will be notified of any significant changes in advance

6. Enquiries

- All membership enquiries must be made in writing via email to sports@lesormesjersey.co.uk.